



## Referenser till temat Tröst i PV2/2026

### Referenser till texten om sexuell hälsa (Hud kan vara bästa plåstret)

#### Litteratur att inspireras av:

Kislev et al (2025) Sexuality in the light of awareness of approaching mortality, Palliative and Supportive Care **23**, e206, 1–10. <https://doi.org/10.1017/S1478951525100965>

HBTQ-inkluderande palliativ vård och vård i livets slutskede. Rekommendationer för vård- och omsorgsgivare, organisationer och beslutsfattare. Framtagna av EAPC Task Force on Palliative Care for LGBT+ people. EAPC, 2023 [EAPC LGBT recs page 2](#)

Sexualitet och intimitet, Palliativ vård Nationellt vårdprogram

Traverse et al (2025) Sexuality and intimacy in the context of palliative and end-of-life care: a scoping review International Journal of Palliative Nursing 31(8)  
<https://doi.org/10.12968/ijpn.2024.0058>

### Referenser till Laura Tolbooms text om Konst som tröst för personal

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2. Tolboom L, Näppä U, Kristiansen L. Homecare workers' experiences of providing transpersonal palliative care: A qualitative, arts-based explorative study. Death Studies, 2026, 1-14, <https://doi.org/10.1080/07481187.2026.2649289>
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7. Braun V, Clarke V. Conceptual and design thinking for thematic analysis. *Qual Psychol.* 2022 Feb;9(1):3–26. doi:10.1037/qap0000196

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### **Referenser till artikeln om Läkemedel som tröst**

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2. Harris D. Safe and effective prescribing for symptom management in palliative care. *Br J Hosp Med (Lond).* 2019;80(12):C184-c9.

3. Arantzamendi M, Belar A, Payne S, Rijpstra M, Preston N, Menten J, et al. Clinical Aspects of Palliative Sedation in Prospective Studies. A Systematic Review. *J Pain Symptom Manage.* 2021;61(4):831-44.e10.

4. Bowers B, Ryan R, Kuhn I, Barclay S. Anticipatory prescribing of injectable medications for adults at the end of life in the community: A systematic literature review and narrative synthesis. *Palliat Med.* 2019;33(2):160-77.